

Where to go to have a blood test

Queen's Hospital	7:00am – 5:00pm Monday – Friday	Rom Valley Way, Romford, Essex, RM7 0AG Situated in the “Blood Tests” area on the Ground floor in the Main Entrance. Walk-In service. Last ticket issued at 4:30pm. <i>(For children under 3 yrs old only: tests are done by appointment - 01708 435289 – in Children's Outpatients.)</i>
King George Hospital	7:00am – 5:00pm Monday – Friday	Barley Lane, Goodmayes, Essex, IG3 8YB Situated in the “Blood Tests” area situated on the Ground floor, Outpatients Dept. Walk-In service. Last ticket issued at 4:30pm. <i>(For children under 3 yrs old only: tests are done by appointment - 01708 435289 – in Children's Outpatients.)</i>
Barking Hospital *	7:00am – 3:00pm Monday – Friday	Upney Lane, Barking, Essex, IG11 9LX Walk-In service, no appointment necessary. No children under 12.
Brentwood Community Hospital	8:00am – 4:00pm Monday – Friday	Crescent Drive, Brentwood Essex, CM15 8DR Appointment only. Phone Basildon 01268 242159 between 7:30am and 3:00pm
Chadwell Heath Clinic *	8:30am – 3:30pm Mondays, Wednesdays and Fridays (closed 12:30pm - 1.30pm for lunch)	Ashton Gardens, Dagenham, Essex, RM6 6RT Walk-In service, no appointment necessary. No children under 12.
Church Elm Lane Clinic *	8:30am – 3:30pm Mondays, Wednesdays and Fridays (closed 12:30pm - 1.30pm for lunch)	128 Church Elm Lane, Dagenham, Essex, RM10 6RR Walk-In service, no appointment necessary. No children under 12.
Cranham Clinic *	9:00am – 11:50am Mondays, Wednesdays and Fridays 9:00am – 11:55am Monday – Friday	Walk-In service, no appointment necessary. No children under 16. Avon Road, Upminster, RM14 1QS By appointment only. Phone 01708 576100. No children under 16.
Elm Park Clinic **	8:30am – 12:00pm Monday – Friday	252 Abbs Cross Lane, Hornchurch, Essex RM12 4YG Walk-In service, no appointment necessary. No children under 16.
Fanshawe Centre	9:00am – 3:45pm Monday – Friday	57 Halbutt Street, Dagenham, Essex, RM9 5AR Walk-In service, no appointment necessary. No children under 16.
Harold Hill Health Centre *	8:45 – 12:15pm Monday – Friday	Gooshays Drive, Romford, RM3 9SU Walk-In service, no appointment necessary. No children under 16.

If you are not fasting for your blood test, it may be advisable to arrive after noon for your test when wait times are generally shorter.

* Service provided by NELFT ** Service provided jointly by NELFT and BHRUHT ≈ Service provided by The Hurley Group Pathology 6860 R. 2 20-08-14

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Harold Wood Walk In Centre ≈	8:00 – 12:00pm Monday – Friday	Harold Wood Polyclinic, St Clements Avenue, Off Gubbins Lane, Harold Wood RM3 0FE. Walk in Service, no appointment necessary. No children under 7. Phone : 01708 574000
Loxford Polyclinic	8:00 – 5:00pm Monday – Friday	417 Ilford Lane, Ilford, IG1 2SN By appointment only. Phone 0208 822 3800 between 8:00am and 4:00pm. No children under 16. Last appointment time is 4:20pm Monday – Thursday and 4:00pm on Fridays.
Marks Gate Clinic *	8:30am – 12:30pm Tuesdays and Thursdays	Lawn Farm Grove, Dagenham, Essex, RM6 5LL Walk-In service, no appointment necessary. No children under 12.
Orchard Village Health Centre ≈	10:00am - 2:00pm Monday - Friday	Orchard Village Health Centre, 2-4 Roman Close, Rainham, Essex. RM13 8QA Walk-In Service, no appointment necessary. No children under 16 Phone : 01708 793900
Porters Avenue Clinic *	8:30am – 2:30pm Tuesdays, Wednesdays & Thursdays	234 Porters Avenue, Dagenham, Essex, RM8 2EQ Walk-In service, no appointment necessary. No children under 12.
Rainham Health Centre**	9:30am – 11:15am Monday – Friday (except last Wednesday of the month)	Upminster Road South, Rainham, RM13 9AB Walk-In service, no appointment necessary, only 30 tickets issued per day. No children under 16.
South Hornchurch Health Centre	9:30am – 11:15am Tuesdays and Thursdays	106 South End Road Rainham Essex RM13 7XJ Walk-In service, no appointment necessary, only 30 tickets issued per day. No children under 16.
Thames View Clinic *	8:30am – 3:30pm Monday - Friday (closed 12:30pm - 1.30pm for lunch)	Bastable Avenue, Barking, Essex, IG11 0LG Walk-In service, no appointment necessary. No children under 12.
Vicarage Fields Clinic *	8:30am – 3:30pm Monday - Friday (closed 12:30pm - 1.30pm for lunch)	Vicarage Drive, Barking, Essex, IG11 7NR Walk-In service, no appointment necessary. No children under 12.
Victoria Hospital **	8:30am – 12:30pm Monday – Friday	Pettits Lane, Romford, Essex, RM1 4HP Walk-In service, no appointment necessary. No children under 16.

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